

Arrangements: video B

Hakim M'Barek works in Lyons. He is a communications officer. Getting from meeting to meeting is not easy. His secret? Saving time.

Interview:

Nathalie: "What time do you begin and finish work?"

Hakim: "So well, usually, when I'm working at the office, I start the day at about eight thirty and I finish at around six thirty. Six, six thirty. And today, I am working from home so I'll start oh! ... around nine or nine thirty, roughly and ... I'll finish around six, more or less."

Nathalie: "How do you manage to organise yourself?"

Hakim: "Well listen, it is not always easy. Because between work, the children, the shopping to be done. ... A lot of things to remember."

So I try and do lists. There are lists everywhere in my home."

Nathalie: "So how for example do you do your shopping? Are there shops near to where you live?"

Hakim: "Yes fortunately I have all the shops I need around me. There are small grocery shops but also... big supermarkets, there are chemists, there are... bookshops, there are all kinds of shops."

Nathalie: "You never forget anything?"

Hakim: "Yes, of course! Everyday... For example, I am always forgetting the bread."

Nathalie: "Talking of your work, do you get a lot of emails, letters?"

Hakim: "Yes, a lot!"

Nathalie: "A lot each day?"

Hakim: "... I receive about thirty a day!"

Nathalie: "Do you answer your emails straight away!"

Hakim: "No. I don't have the time to answer my emails straight away... Because sometimes, they require a lot of work, that's why."

Nathalie: "When you're running late what kind of excuse do you give?"

Hakim: "Ah! In Lyons, ... it's... I'm... I was stuck in traffic, I haven't been able to find a parking place, I'm stuck in a traffic jam..."

Nathalie: "OK."

Hakim: "Things like that."